

VIRTUAL SUPPORT
FOR BAME CARERS

Tü Vida



Nottinghamshire
Carers Hub

Afro-Caribbean Carers

Support Group with Jazz

3rd Wednesday of the month 2.00pm

&

Asian Women Carers

Support Group with Noreen

1st Monday of the month 1.30pm

Access is quick and easy, via Zoom

(computer, laptop, tablet or mobile phone with
camera & speaker required)

For more information and details of how to sign up please contact:

Nottinghamshire Carers Hub @ Tuvida

0115 8248 824 / nottinghamshirehub@tuvida.org



Nottingham
City Council



Nottinghamshire
County Council

